

# MHCS NOVEMBER NEWSLETTER



November 2017

## Teaching for Transformation FOCUS - November: BEAUTY CREATING

Showing creativity in art, music, math, social, language arts, science, and Bible (all learning) to CREATE BEAUTY. Students, staff, and parents - how can you use your mind to create beauty around you to reflect God's glory?



## Principal's Pen

Change is good (but change can mean many things)...

In education, the school system embodies change. Education is more responsive and effective than it has ever been. If you were able to attend our last **parent meeting** you would see that **report cards** are starting to change and will continue to change over the next school year. This year our **Parent Teacher Interviews** will be different as well. For one, as a parent, there will be less time waiting in the hallway and there will be more time in the classroom seeing and understanding what your child is learning (as reported on the report card). Most schools already use a **student led conference format** which is the format we will use for parent teacher interviews this year. The difference at our school is that faith development and explaining student faith development is an integral part of who we are at Medicine Hat Christian School – you should see and ask about faith development at Parent Teacher Interviews.

Student Led Conferences at MHCS mean:

- Opportunities for connections and understandings among parent, teacher, and student including the teacher being able to connect with you personally as a parent.

## Don't Forget....

- ⇒ Nov. 5 - Daylight Savings - Set your clocks back!
- ⇒ Nov. 7 - Parent Society Meeting 9am
- ⇒ Nov. 7 - School Council Meeting 10am
- ⇒ Nov. 8 - AGM 7pm
- ⇒ Nov. 9 - Remembrance Day Assembly 11am
- ⇒ Nov. 10 - No School (Staff Meeting/PD)
- ⇒ Nov. 17 - Report Cards
- ⇒ Nov. 22 - Dismissal 2:30 pm
- ⇒ Nov. 23 - Dismissal 2:30 pm
- ⇒ Nov. 22 & 23 - Parent/Teacher Interviews

Continued on pg. 2...

## Principal's Pen continued...

- **Bring your Child** to the Parent Teacher conference time **on whichever day or time works for you**. Parent Teacher Interview days are **Wednesday Nov 22 from 5:30pm to 8:00pm** or **Thursday Nov 23 from 3:30pm to 6:00pm**. Remember it's a 2:30 pm dismissal for students on Nov 22 and 23. If you have children in multiple grades, the time and order is flexible for you to move from classroom to classroom depending on your time, circumstance, and need.
- If you'd like to support the school with fundraising and community building please come to the **Parent Society Meeting** on **Tuesday, November 7 @ 9:00 a.m.** at the school. If you'd like to be a parent "in the know" with providing advice and input into the direction of the school (future report cards, input on Parent Teacher Interviews, faith based learning - Teaching for Transformation) please attend the **School Council Meeting @ 10:00 a.m. on Tuesday, November 7** (right after the Parent Society Meeting). Please bring your little ones as we have toys and snacks set out for both meetings.

Finally, it would be a huge oversight to talk about change without talking about spiritual change. I've always liked change but reflecting back on my years as a Christian I remember some difficult times where I had it in my heart to wish and (more importantly) pray that other people around me would change. I don't think there was anything necessarily wrong with this; however, I think there are times when Jesus wants us to reflect on ourselves, our own life, and our own response to situations instead of looking at others. To me, Jesus embodies change. Even more than this - Jesus embodies personal transformation. As teachers we are **"Teaching for Transformation!"** Jesus works in our lives in a Christ-centered community. This means that as a community in **Romans 12:2 we do not conform to the patterns of this world, but we are transformed by the renewing of our minds.** Bless you - Mr. Holmes

### **Student Council**

#### **Theme Day**

**Thursday, Nov. 9th**



**Dress your best today!**



### **Remembrance Day Assembly**

**Thursday, November 9th  
11:00 a.m.**

Medicine Hat Christian School will be having a Remembrance Day Assembly on Thursday, November 9th at 11:00 a.m.

Each student will receive a poppy to wear and are encouraged to bring a donation that will be given to the Legion for their Poppy Campaign.

Parents are invited to attend and join with us as we take time to give thanks for Canada, our freedom, and those who serve.

**Dear Parents,**

Every month we have a fun dress up day.

September we had "School Colors" day. October we had "Super Heroes" dress up day.

Thursday, November 9, is going to be a more serious dress up day called "DRESS YOUR BEST" (church clothes or more formal).

**"DRESS YOUR BEST" will be in honor of Remembrance Day.**

There will be a school Remembrance Day Assembly where each student will also be given a poppy to wear.

The Remembrance Day Assembly is at 11:00 a.m. and selected classes and students will be performing in the gym.

All parents and community members are most welcome to attend.

Lest we forget,

Sincerely,  
Mr. Holmes

## GOD MOMENTS:

**Kindergarten & Grade 1:** The kindergarten and grade one students decided to help their school community by cleaning up the playground. As adults we appreciated the joyful manner in which they gathered garbage and many hands made for a quick cleanup. Well done students!

**Grade 2:** The Grade two classes have been doing autumn art projects together and are enjoying beauty creating. We learned "shading" in our pumpkin project and we enjoyed gathering fall leaves to complete our leaf rubbings.

**Grade 3 & 4:** It's amazing what children can teach us. Jesus says in Luke 18:17, "Truly, I say to you, whoever does not receive the kingdom of God like a child shall not enter it". This verse came to mind during a prayer time in class. Although young, we know our students face hardships and struggles at times and it was during a prayer time when a student simply prayed, "I know you can do anything God so I'm not going to worry about it." Wow. Do we as adults have faith like a child?

**Grade 5:** It is such a great experience for students to be able to go out into the community to learn about our city as it fits into our curriculum. The grade 5 class went to the Esplanade for the weather watch program and learned about weather that affected the landscape of Medicine Hat. We also created weather vanes and tested them out to determine wind direction. God's world is amazing!

**Grade 6:** This month, God has been drawing the grade six community closer together and we are becoming such a kind and caring community. I see this daily in their fervent prayer for each other as well as the people they care for. The way they treat people also reflects compassion and empathy. They truly are seeking to lift each other up and help anyone who is down, myself included. I have been so blessed by their compassion this month.

**Junior High:** This month while on supervision a junior high student was observed offering to share his lunch that his dad had just brought him with two other students that were not his close friends. This was an awesome example of community building.

Our CTF class this year has a missions focus, and with such some of the Junior High students have been asked to create video presentations that represent our through line for the month. As one of the students was preparing their justice seeking video, they were shocked by the sheer number of gifts that North American people send and receive and how we can complain about our gifts when people in some of the third world countries don't receive anything or can receive a shoebox of gifts and have such joy. I thank the Lord that our students eyes are being opened to Justice Seeking.

There is also community building going on as the CTF class works together to plan events and beauty-creating as they make posters, wonderful music, etc. for events that are planned for the school.

## OPERATION CHRISTMAS CHILD

It is the most wonderful time of the year again! We will be having a school wide Operation Christmas Child shoe box packing party on Thursday, November 2nd during chapel. We hope you and your child are having fun picking out a gift to bring. It is always fun to see the excitement of the students as they pack their boxes and pray for the child who will receive it.

You also have the opportunity, as a family, to pack a shoe box. Boxes are available in the front foyer or you may fill your own box at home and bring it in. **All boxes need to be back to the school by noon on Friday, November 17.**

Thank you for your generosity!

**Psalm 41:1**

**"Blessed is he who considers the poor; The Lord will deliver him in time of trouble."**



Grade 1- Which pumpkin is heaviest?



Grade 5 - Testing Weather Vanes



### Running Club

Running Club has started up again on Tuesdays and Thursdays from 3:30-4:00 p.m. Students, come on out for a time of strengthening our hearts and lungs in fun, creative ways. A great big thank you to Mrs. Bartsch and Mrs. Mellish for leading us.



Please join us at our  
**Annual General Meeting**  
 Wednesday, November 8, 2017  
 @ 7:00 PM at the school

At this meeting you will be introduced to your Society Executive and hear progress reports from various committees within the school. The audited financial statements will be presented as well as the current operating budget.



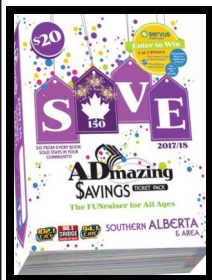
## School Council

Next School Council Meeting will be held on Tuesday, November 7 @ 10:00am in room 206 following the Parent Society Meeting. All parents are welcome to join us!



Girls B Volleyball

## Parent Society



Next Parent Society meeting will be held Tuesday November 7 at 9:00 am in room 206. All MHCS parents are welcome to join us!

**ADmazing Savings coupon books** are for sale in the office. \$20 with almost half staying in the school! Get yours today!

## Gift card fundraiser



Paper order forms are sent home with designated students each month. You can also choose to place your own order online. Direct shipping for online orders is available. Following is a link so that you can go and sign up as a supporter. There is also an option to have the online order taken right out of your bank account (eft). If this is something you are interested in please feel free to phone me at 403-548-7302 and I will make sure to get you the form to fill out.

Here is the link to get you started. [http://www.fundscrip.com/launch-guide\\_STG\\_1](http://www.fundscrip.com/launch-guide_STG_1)

Invitation code: **YP2DYQ**.

Coop gift cards are also available to purchase from the office or you can write a note on your order form (they can not be ordered online).

**Here is a link to the November & December Promotions. Promotions will also be posted on our website.**

If you have any questions please do not hesitate to ask.

Thank you

Tracey

**Help Us Raise Funds  
 Without Spending Extra!**

**FundScrip**  
powered by Fundstream Inc.

***Click here to start...***

## Learning Commons



*Lest We Forget*

They shall grow not old, as we that are left grow old:  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them.

...

As the stars that shall be bright when we are dust,  
Moving in marches upon the heavenly plain,  
As the stars that are starry in the time of our darkness,  
To the end, to the end, they remain.

-excerpt from "For the Fallen", a poem by Robert Laurence Binyon, 1914

On this Remembrance Day, we pause to remember the Canadian soldiers who fought in such battles as Vimy Ridge and Passchendaele and whose bravery helped forge modern Canadian identity. We are thankful to our troops for their peacekeeping efforts, and several displays in and around the Learning Commons invite students to learn more about these historical moments.



### Youth Call 2 Prayer

We have been learning about The Circle Prayer, encircling the people/ things we care about as a reminder

to pray for them. We also learned about the Five Finger Prayer which also helps us to remember to pray for certain groups of people such as the broken, sad or poor, or specific leaders and/or elected officials.

It is such a blessing to work with such a committed group of prayer warriors!

### MHCS Parents...

**We need your help again this year!**



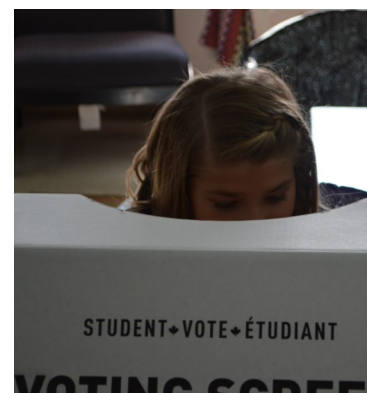
We are in need of pictures from field trips, sports teams, school events, etc. for our yearbook.

Any pictures you would like to submit can be emailed to [fay.stewart@sd76.ab.ca](mailto:fay.stewart@sd76.ab.ca).

Thank you!



Student Voting





Facebook and Twitter icons

MY 96 KIDS and CHAT 94.5 FM logos

MEDICINE HAT ALBERTA  
CUPE LOCAL 829  
WORKING FOR EDUCATION SINCE 1963

EDUCATIONAL SUPPORT WORKERS OF CUPE LOCAL 829 AND

# BRING A CHILD A SMILE

PRESENTS THE  
NEW PAJAMA COLLECTION  
CAMPAIGN KICKOFF

Nov 18, 25 and Dec 2, 2017 9am-4pm  
at The Medicine Hat Mall

Campaign runs November 18 to December 2

AFTER NOVEMBER 18, PLEASE DROP  
OFF ANY DONATIONS OF NEW PAJAMAS  
TO ANY PUBLIC ELEMENTARY SCHOOL  
IN MEDICINE HAT

MY 96 KIDS AND CHAT 94.5 FM ON LOCATION NOVEMBER 25  
IN SUPPORT OF THE PHOENIX SAFE HOUSE!

MHCS will be collecting pajamas for the Bring A Child A Smile campaign beginning November 18th.

Pajamas can be dropped off at the office until December 2nd.

## MEDICINE HAT SPEED SKATING CLUB

COME JOIN US FOR LOADS OF FUN, EXERCISE AND TRAINING IN CANADA'S MOST SUCCESSFUL OLYMPIC SPORT!

**NO REGISTRATION FEE for new members!**

Must be between 6-14 years old to join  
and be able to skate.



### WHEN:

**Mondays:** 7:15-8:45p.m (Teens & Faster Skaters)

**Wednesdays:** 6:15-7:30 p.m (Beginners)

7:30-8:45 p.m (Teens & Faster Skaters)

**Thursdays:** 6:45-8:15 p.m (All groups)

(September-March) Season starts September 25th

**COST:** NO REGISTRATION FEE FOR NEW MEMBERS! SPEED SKATES AND SUIT PROVIDED.

### CONTACT:

Marta Currah

403 977 3373

403 488 5483

[martacurrah@gmail.com](mailto:martacurrah@gmail.com)

PERFECT OPPORTUNITY FOR HOCKEY PLAYERS TO GAIN MORE ENDURANCE AND SPEED!



RANGERS BASKETBALL CLUB  
READY

GROVER DENTAL  
**BASKETBALL  
LEAGUE**

SKILL DEVELOPMENT AND FUN ARE THE  
MAIN GOALS FOR PLAYERS IN THIS LEAGUE.

### SCHEDULE

ONE PRACTICE PER WEEK AND  
ONE GAME ON SUNDAY AFTERNOONS.

THE SCHEDULE IS DESIGNED TO  
MINIMIZE CONFLICTS WITH SCHOOL  
BASKETBALL ALLOWING ATHLETES TO  
PARTICIPATE IN BOTH PROGRAMS  
CONCURRENTLY.

### DETAILS

RUNS NOV 20/17 TO MAR 4/18  
COST \$280 AND INCLUDES JERSEY TO KEEP  
ALL GAMES AT SOUTH RIDGE YMCA

## REGISTER

[WWW.RANGERSBASKETBALLCLUB.CA](http://WWW.RANGERSBASKETBALLCLUB.CA)

**GRADES 5-7  
CO-ED FAIR  
PLAY LEAGUE**

# Healthy Children

November 2017 Parent Newsletter

## Movement Guidelines for the Full 24-Hour Day

Physical activity is an important part of a child's healthy lifestyle. As a child's day is filled with a variety of activities, we need to remember that every hour counts. It is important to consider the full 24 hours in a day when supporting your child with healthy movement choices in order to ensure they have optimal time to sweat, move and rest. The *Canadian 24-Hour Movement Guidelines for Children and Youth* outline what a healthy 24-hour day should look like and recommend that 5–13-year-olds should:

**Sweat:** Aim to get 60 minutes of heart pumping activity each day.

**Step:** Spend several hours in structured and unstructured light physical activity such as walking, playing, household chores and exploring outdoors.



**Sleep:** Get 9–11 hours of quality, uninterrupted sleep each night.

**Sit:** Reduce sitting time as much as possible and limit screen time to 2 hours per day.

Health benefits come from being active every day and from getting a restful sleep each night. Even if your child is active for the recommended 60 minutes per day, it is important

to recognize how the other 23 hours of the day are being spent. By achieving the right balance of movement patterns across an entire day, we can ensure that children get optimal amounts of exercise, sleep and inactive time.

➤ For tips on how to meet these guidelines, visit <https://www.participation.com/en-ca/peptalk/kids-parenting/24-tips-for-meeting-the-24-hour-movement-guidelines-for-kids> and <http://buildyourbestday.participation.com/en-ca/>



# November 2017



SUN	MON	TUE	WED	THU	FRI	SAT
			1 FundScrip Orders Due 2:40 pm VB Pep Rally students vs. teachers game B & C Girls VB Playoffs @ CHHS Boys VB Playoffs @ AMS	2 9am Chapel Groups - Packing Christmas Shoe Boxes Hot Lunch - DQ Gr. 9 Field Trip 3:30-4 Running Club	3 1:30 Parent Prayer Group - All parents welcome! 2:30 Dismissal	4
5 Daylight Savings  	6	7 <b>PARENT MEETINGS</b> 9am Parent Society Mtg. 10am School Council Mtg. 3:30-4 Running Club	8 7pm Annual General Mtg - all parents encouraged to attend.	9 End of Term I 11am K-9 Remembrance Day Chapel - Parents Welcome! <b>Dress you Best Day</b> Hot Lunch - Panago Pizza 3:30-4 Running Club	10 No School (Staff PD/Meeting)	11  REMEMBRANCE DAY
12 	13	14 3:30-4 Running Club	15	16 9am K-6 Chapel - Mrs. Clark 9am 7-9 Chapel - Pastor Matthew Redstone Hot Lunch - Edo 3:30-4 Running Club	17 <b>Report Cards</b> Kindergarten in session Last day for Christmas Shoe Boxes 1:30 Parent Prayer Group - All parents welcome! 2:30 Dismissal	18
19 	20	21 3:30-4 Running Club	22 2:30 Dismissal 5:30-8pm Parent/Teacher Interviews	23 9am Chapel Groups - Valentines for Veterans Hot Lunch - Taco in a Bag 2:30 Dismissal 3:30-6pm Parent/Teacher Interviews No Running Club today	24 1:30 Parent Prayer Group - All parents welcome! 2:30 Dismissal	25
26 	27	28 3:30-4 Running Club	29	30 9am Chapel - Student Led - Parents Welcome! Hot Lunch - BP Pasta 3:30-4 Running Club		